



## CENTRAL HIGH SCHOOL MENUS FOR THE MONTH OF DECEMBER

### Week of Nov. 27 – December 1

- Mon – Breakfast: Breakfast Pizza, Cereal, Fruit  
Lunch: Burrito, Salsa, Spanish Rice, Corn, Fruit
- Tues – Breakfast: Hashbrown Patty, Biscuit, Gravy, Cereal, Fruit  
Lunch: Frito Pie, Tossed Salad, Bread Stick, Fruit
- Wed – Breakfast: French Toast Sticks, Syrup, Peanut Butter, Cereal, Fruit  
Lunch: Pig in a Blanket, Blackeyed Peas, Veggie Sticks, Fruit
- Thurs – Breakfast: Muffins, Cereal, Fruit  
Lunch: Hamburger, French Fries, Pickles, Fruit
- Fri – Breakfast: Scrambles Eggs, Bacon Toast, Cereal, Fruit  
Lunch: Turkey & Swiss Sandwich, Chips, Pickles, Fruit

### Week of December 4 - 8

- Mon – Breakfast: Cereal, Toast, Fruit  
Lunch: Taco Soup, Shredded Cheese, Tortilla Chips, Fruit
- Tues – Breakfast: Sausage, Biscuit, Gravy, Cereal  
Lunch: Hot Dog w/Chili, Wedges, Pickle Spears, Fruit
- Wed – Breakfast: Waffles, Syrup, Peanut Butter, Cereal, Fruit  
Lunch: Beef TatorTot Casserole, Green Beans, Veggie Sticks, Bread, Fruit
- Thurs – Breakfast: Long John, Cereal, Fruit  
Lunch: Baked Potato, Ham, Cheese, Crackers, Fruit
- Fri – Breakfast: Breakfast Burrito, Cereal, Fruit  
Lunch: Chicken Sandwich, French Fries, Pickles, Fruit

### Week of December 11 - 15

- Mon – Breakfast: Breakfast Pizza, Cereal, Toast, Fruit  
Lunch: Corn Dogs, Carrot Sticks, Baked Beans, Fruit
- Tues – Breakfast: Hashbrown Pattie, Gravy, Biscuit, Cereal, Fruit  
Lunch: Chicken Fajitas, Chile Beans, Salsa, Fruit
- Wed – Breakfast: Pancake on a Stick, Syrup, Cereal, Fruit  
Lunch: Baked Ham, Sweet Potatoes, English Peas, Bread, Fruit
- Thurs – Breakfast: Muffins, Cereal, Fruit  
Lunch: Toasted Cheese Sandwich, Tomato Soup, Broccoli Florets, Fruit
- Fri – Breakfast: Egg Omlet, Toast, Cereal  
Lunch: Hamburger, French Fries, Pickles, Fruit

### Week of December 18 – 22

- Mon- Breakfast: Cereal, Toast, Fruit  
Lunch: Pizza, Corn, Broccoli Florets, Fruit
- Tues - Breakfast: Sausage Biscuit, Cereal, Fruit  
Lunch: Ham & Cheese Sandwich, Chips, Veggie Sticks, Pickles, Fruit

Milk & Juice are served with Breakfast and Lunch  
Salad Bar is offered to 3<sup>rd</sup> – 12<sup>th</sup> Grades at Lunch.

### Reminders for December

December 5<sup>th</sup> - Winter Band Concert @ 7:00

December 14<sup>th</sup> - Elementary Christmas Program

Pre-K – Kg @ 6:30

1<sup>st</sup> – 2<sup>nd</sup> Grades @ 7:00

3<sup>rd</sup> – 4<sup>th</sup> Grades @ 7:30

No School for Christmas Break

December 20, 2017 – January 2, 2018

See you back January 3, 2018 ☺

Check out our school website  
[www.central.k12.ok.us](http://www.central.k12.ok.us)

This institution is an equal opportunity provider

*Merry Christmas & Happy New Year*