



CENTRAL HIGH SCHOOL MENUS FOR THE MONTH OF MAY

Week of May 1 – May 5

- Mon – Breakfast: Cereal, Toast, Fruit
GRADE SCHOOL TRACK MEET
Lunch: Hot Dogs, Hamburgers, Chips, Pickles,
Fresh Fruit
- Tues – Breakfast: Sausage Patty, Biscuit, Gravy,
Cereal, Fruit
Lunch: Pizza, Corn, Broccoli Florets, Fruit
- Wed – Breakfast: Pancakes, Syrup, Cereal/Toast, Fruit
Lunch: Tacos, Chili Beans, Fruit
- Thurs – Breakfast: Donuts, Cereal/Toast, Yogurt, Fruit
Lunch: Corn Dog, French Fries, Pickles, Fruit
- Fri – Breakfast: Breakfast Burrito, Cereal/Toast, Fruit
Lunch: Turkey & Swiss Sandwich, Chips, Carrot
Sticks, Fruit

Week of May 8 – 12

- Mon – Breakfast: Breakfast Pizza, Cereal/Toast, Fruit
Lunch: Hot Dogs w/ Chili, Tator Tots, Pickle
Spear, Fruit
- Tues – Breakfast: Sausage, Gravy, Biscuit, Cereal/
Toast, Fruit
Lunch: Pizza, Corn, Broccoli Florets, Fruit
- Wed – Breakfast: French Toast Sticks, Syrup,
Cereal/Toast, Fruit
Lunch: Hamburger, French Fries,
Lettuce/Tomatoes, Fruit
- Thurs – Breakfast: Muffins, Cereal/Toast, Fruit
Lunch: Chicken & Noodles, Green Beans,
Bread, Fruit
- Fri - Breakfast: Sausage & Biscuit, Cereal/Toast,
Fruit
Lunch: Chicken Sandwich, Fries, Pickles, Fruit

Week of May 15 - 19

- Mon – Breakfast: Cook's Choice, Cereal
Lunch: Cook's Choice, Fruit
- Tues - Breakfast: Cook's Choice, Cereal
Lunch: Cook's Choice, Fruit
- Wed - Breakfast: Cook's Choice, Cereal, Fruit
Lunch: Cook's Choice, Fruit
- Thurs - Breakfast: Cook's Choice, Cereal
Lunch: Cook's Choice, Fruit

Milk & Juice are served with Breakfast and Lunch
Salad Bar is offered to 3rd – 12th Grades at lunch

This institution is an equal opportunity employer.

For more info check out the school website @
www.central.k12.ok.us

